

Summary report from Health and Wellbeing Board, 29th January 2016

Summary

This report is intended to update any interested groups on the work of the Health and Wellbeing Board. It includes information on items considered by the Board at their latest meeting on 29th January 2016 and updates on other items relating to health and wellbeing in the City of London. Details on where to find further information or contact details for the relevant officer are included for each item.

Full minutes and reports are available at:

Committee updates

- **Provision of Non-Alcoholic Drinks at City-hosted events**
- **Female Genital Mutilation Strategy**
- **Suicide Prevention Action Plan Report**
- **Update from Tower Hamlets CCG**
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Local updates

- **London Health and Care Collaboration Agreement**
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COMMITTEE UPDATES

1. Provision of Non-Alcoholic Drinks at City-hosted events

Reducing alcohol consumption is a strategic priority of the Health and Wellbeing Board and it is keen to demonstrate the Corporation's commitment to facilitate the provision of healthier alternatives at City hosted events. The question had been raised as to whether non-alcoholic beverages were sufficiently available at City events. In response to this concern, the Remembrancer's office presented a report outlining the current arrangements for the provision of non-alcoholic beverages at City Corporation events and their plans to review the provision of alcoholic drinks at business-related events.

The report highlighted that at City receptions caterers are requested to provide both water and an alternative soft drink and there is an increasing range of non-alcoholic options at events. The ratio between alcoholic and non-alcoholic drinks provided at committee and other City-hosted receptions is usually two to one. It was noted that the Hospitality Working Party recommended that wine should be served at lunches by exception, and not at business-related lunch

events, this review is being considered by the Policy and Resources committee.

The contact officer is Paul Double, City Remembrancer, T: 020 7332 1200, E: paul.double@cityoflondon.gov.uk

2. Female Genital Mutilation Strategy

This report introduced the Tackling and Preventing FGM Strategy, which is a joint Strategy with the London Borough of Hackney. The Strategy aims to promote the welfare of girls and women by reducing FGM and supporting those that have been affected by this illegal and harmful practice.

This is a multi-agency strategy highlighting the need for different agencies to work together to help prevent and tackle FGM in the City of London and Hackney.

The Strategy focuses on the following three priorities:

- 1) Prevention and early intervention
- 2) Strong and effective leadership
- 3) Effective protection and provision

The Strategy, which includes an action plan, underwent a consultation process in August 2015 and this report outlines the main responses and key officers involved in its development.

This strategy was approved by the Health and Wellbeing Board. A steering group will now be set up to guide the implementation of the actions within the strategy, which will include representatives from the Police, Public Health, Community Safety, Education and Children's Social Care.

The contact officer is Poppy Middlemiss, Strategy Officer- Health and Children, T: 020 7332 3002. E: poppy.middlemiss@cityoflondon.gov.uk

3. Suicide Prevention Action Plan

In January 2014 the HM Government Preventing Suicide in England 'One Year On' report was published which called on local authorities to:

- Develop a suicide prevention action plan
- Monitor data, trends and hot spots
- Engage with local media
- Work with transport to map hot spots
- Work on local priorities to improve mental health

As a result a City of London Suicide Prevention Action Plan has been developed.

This report introduced the plan and gave an overview of the progress of 'The Bridge Pilot' initiative to reduce the number of suicides that occur from London Bridge.

The action plan sets out six priority areas for actions, which are:

1. Reduce the risk of suicide in key high risk group- with a focus on young and middle-aged men
2. Tailor approaches to improve mental health in specific groups- with a focus on people with untreated depression and children and young people
3. Reduce access to the means of suicide
4. Provide better information and support to those bereaved or affected by suicide

5. Support the media in delivering approaches to suicide and suicidal behaviour
6. Support research, data collection and monitoring.

One key action resulting from the plan is 'The Bridge Pilot'; a joint initiative between the City of London Corporation, City of London Police, the Metropolitan Police and the Samaritans to reduce the number of suicides that occur from bridges within the City of London. Six signs with the Samaritan's free phone number have been placed on London Bridge. Further to this the Metropolitan Police have put together a training package to be rolled out to frontline staff to address the stigma of suicide and encourage approaching people who are at risk.

The action plan was approved by the Health and Wellbeing Board.

The contact officer is Poppy Middlemiss, Strategy Officer- Health and Children, T: 020 7332 3002. E: poppy.middlemiss@cityoflondon.gov.uk

4. Update from Tower Hamlets CCG

The Chief Officer of Tower Hamlets CCG updated the Health and Wellbeing board on their commissioning intentions for 2016/17 and the Portsoken Health Centre.

Their commissioning intentions include:

- Mobilising an Outcomes Based Community Health Services Contract,
- The continued development of an Integrated Care Programme focusing on mental health support for people with long term conditions, falls prevention and personalisation
- The development of Urgent Care Services including Ambulatory Care pilot, Physician Response Unit and NHS 111
- The Implementation of community pathways for dermatology and MSK.

The Portsoken Health Centre has had:

- 25% increase in overall appointments
- 72% increase in nurse appointments
- Patients that would recommend the practice increase from 25% to 62%
- Huge increases in sexual health screening, cervical screening, smoking cessation and NHS Health Checks

The contact officer for this is Jane Milligan, Tower Hamlets CCG, and E: Jane.Milligan@towerhamletsccg.nhs.uk

5. Better Care Fund 2016/17

The Better Care Fund (BCF) was first introduced to the Health and Wellbeing Board in January 2014. The City of London has had its own BCF plan for 2015/16 which was approved by the Board in September 2014. It is a requirement that BCF plans are signed off by local Health and Wellbeing Boards.

The Comprehensive Spending Review in November 2015 announced funding for the 2016/17 BCF and an outline timetable for submission of the plans has been set out.

This report provided the Board with information about the framework for the 2016/17 BCF and the proposed timetable for its development.

The Board agreed to delegate authority to the Director of Community and Children's Services in consultation with the Chairman to approve priorities and content of the Better Care Fund Plan where the timescales do not fit with the cycle of full Health and Wellbeing Board meetings.

The Health and Wellbeing board will be updated when the priorities and content of the Better Care Fund have been confirmed.

Contact officer: Ellie Ward, Programme Manager, T: 020 7332 1535, E: ellie.ward@cityoflondon.gov.uk

6. Health Schools Pilot

This report provided the board with a summary of the programme of work developed to contribute to Sir John Cass's Foundation primary schools application to the Healthy Schools Programme. The Healthy Schools Programme is an awards scheme which intends to improve health, raise pupil achievement, improve social inclusion and encourage closer working between health and education providers in the United Kingdom.

The programme of work at Sir John Cass's Foundation Primary school included:

1. A Fruit and Vegetable stall- From May to December 2015 East London Food Access (ELFA) were commissioned to run a fresh fruit and vegetable stall as a pilot project from the school on Thursday afternoons, in order to encourage healthier eating among children, families and teachers at the school. The stall is run in conjunction with volunteers, who in turn learn business skills. The key outcomes included a high number of customers at the stall with a high level of customer satisfaction and an increase in children attending the stall, which in turn has contributed to creating healthy eating habits among people using the stall.
2. Healthy cooking classes and cookbook- The Adult Skills and Learning Team provide cooking classes from the school on Friday evenings, which have proven very popular with parents. In order to build on this success, the recipes used were reviewed to ensure they fit with public health messages, and to link with the use of the fruit and vegetable stall the day before. The review was completed and the classes have continued as healthy cooking classes. It was proposed that these classes continue, and continue to be reviewed on a regular basis in order to ensure that they are up to date with the latest public health guidance, for example in relation to sugar and salt.
3. Additional exercise for parents and children- There are a wide range of activities available at the school, which take in physical activity. As such, there was not a large amount to add to this area of work. Nevertheless, alongside the fruit and vegetable stall staff have been providing competitive challenges for children

including skipping, hula hoop and obstacle challenges which have got parents and children moving more than they otherwise would.

The Members approved the continuation of the Healthy Schools Project and the extension of the food stall to other sites in the City.

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T: 020 7332 1173, E: lorna.corbin@cityoflondon.gov.uk

7. CoLC's Health and Wellbeing Programme: City Well

This report from the Director of Human Resources introduced the City of London Corporation's Health and Wellbeing Programme. The Board were informed that good physical health and mental wellbeing are vital to a productive and motivated workforce. By adopting a progressive and proactive approach to the wellbeing of our staff, the City can reduce further sickness absence and presenteeism levels. By implementing a wellbeing strategy and investing in the health of our employees, the Corporation would see in return higher levels of engagement and productivity from our staff, and continue to attract and retain the highest calibre of talent.

The programme has been approved by SUMMIT and will; now be written up into a comprehensive strategy which will provide the corporation with the opportunity to build on the achievement of receiving a silver award in the Healthy Workplace Chartered in October 2014.

The Board resolved to support the strategy.

Contact Officer: Rebecca Abrahams, rebecca.abrahams@cityoflondon.gov.uk, 0207 332 3439

LOCAL UPDATES

1. London Health and Care Collaboration Agreement

In December 2015, the Government agreed a health devolution package with London health and care partners, including the 33 local authorities, 32 Clinical Commissioning Groups (CCGs), the Mayor of London, NHS England and Public Health England. The agreement involves five pilots to test new ways of working across London's large and complex health economy with the longer term aim for further devolution of London's healthcare out of Whitehall and into the hands of local leaders. One of the pilot areas is Hackney, which will focus on integrating health and social care within Hackney.

The City will maintain a watching brief. The City is not part of the scheme, and existing services for residents will not be affected by the pilot; however it will have the option to opt-in at a later date if the pilot is a success.

The CCG will devolve a portion of its budget to this pilot and this will be strictly ring-fenced – the rest will be retained to ensure that services for City residents and people who live on the borders of Hackney will be able to access their health and social care from other providers in the usual way. DCCS and The Neaman Practice are being kept informed of the process, and will be consulted

on future involvement. Representatives from the City will sit on one of the task and finish groups for the devolution, to ensure that the needs of City residents are not jeopardised at any point.

Contact Officer: Farrah Hart, Community and Children's Services, Farrah.hart@cityoflondon.gov.uk, 020 7332 1907

2. Square Mile Health Service

Last autumn, Westminster Drugs Project was awarded a three year contract to deliver substance misuse treatment and prevention services to communities in the City. The new service, Square Mile Health, is working in partnership with Queen Mary University London and all City pharmacies and is leading the way in promoting healthy attitudes towards drugs, tobacco and alcohol across the City. Square Mile Health is a free and confidential service aimed at employees and businesses and offers health screening, workshops and one-to-one follow up appointments, amongst other things, to support people. The Department of Community and Children's Services recently invited key internal and external partners working in the health arena to an event at the Guildhall to find out more about the service.

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